

## Standard Information for discharge of clients on depot/Long acting injections (LAIs) to Primary Care

**Administration:** All depots/LAIs must be given by deep IM injection, failure to reach muscle tissue can lead to deposits of medicines in fat cells and sub-therapeutic treatment. Atypical long acting injections (LAI) require shaking before administration; check the packaging or manufacturer's leaflet <https://www.medicines.org.uk/emc/>. SWLStG guide to Administration of Injections Guidance may be of use or contact Medicines Information for access to MEDUSA (NHS injectable guide). <https://www.swlstg.nhs.uk/resources/guidelines>

**For the management of destabilising or disengaging patient:** Contact the Assessment Team for support. <https://www.swlstg.nhs.uk/our-services/find-a-service> Trust contact centre number is 020 3513 5000. For emergency help please see <https://www.swlstg.nhs.uk/contact-us/emergency-help>

**Dose changes or discontinuation:** Contact the Assessment Team or discuss with Medicines Information 020 3513 6829 should the plan deviate from that stated in the discharge care plan.

**Side-effects:** Metabolic side-effects should be monitored and interventions undertaken as required. Antimuscarinic medicines may be prescribed for extrapyramidal side-effects (procyclidine) or hypersalivation (hyoscine hydrobromide), at least yearly discontinuation should be attempted (reduce by one dose per week) for medicines prescribed for side effects. Management of side-effects and physical health monitoring may be found in the general shared care for psychotropics or contact Medicines Information for advice (<https://www.swlstg.nhs.uk/resources/guidelines>).

**Missed doses:** Give the 'normal dose' if the date is within the limits set below. For durations longer than the limits stated below, seek advice from Medicines Information on 020 3513 6829 or check the Summary of product characteristics (<https://www.medicines.org.uk/emc/>).

Duration before due date	Depot/LAI	Duration after due date
One week	Flupentixol decanoate (Depixol <sup>®</sup> )	Two weeks
	Zuclopenthixol decanoate (Clopixol <sup>®</sup> )	
	Paliperidone palmitate monthly (Xeplion <sup>®</sup> ) 1/12	
No sooner than 26 days after the previous injection	Aripiprazole (Abilify Maintena <sup>®</sup> )	Two weeks
Two weeks	Paliperidone palmitate (Trevicta <sup>®</sup> ) 3/12	4 months
4 days	Risperidone (Risperdal Consta <sup>®</sup> ) 2/52	4 days

**Details of medicine** (dose, medicine, next due date and allergies), see medicine administration chart.

**The depot/LAI is usually administered at the following site** (add if off label administration):

**The formulation used** (for typical depots, i.e. strength):

**Recommended physical health monitoring** (as per oral antipsychotics):

**Annual:** fasting glucose, lipid profile, FBC, LFTs, U&E, eGFR, weight, BMI, pulse, blood pressure, prolactin if indicated, TFTs (with quetiapine only). ECG if specified by the manufacturer (and 6 monthly for high dose or concomitant cardiovascular disease).

Antipsychotics are a risk factor for venous thromboembolism (VTE), it should be taken in to consideration when undertaking any VTE assessment.