



# Foundation of Systemic Practice: Working with Families

**Venue:** Prudence Skynner Family and Couple Therapy Clinic  
Springfield Hospital, Tooting, London SW17 7DJ

**Course:** 22 weeks x 3 hours held on one evening each week (5.30pm - 8.30pm)

**Starting date:** January 2019

This course is an introduction to working with families, couples and their networks and uses a variety of didactic and experiential methods to teach systemic theory and practice.

The course is accredited by the Association for Family Therapy and Systemic Practice (AFT). It can be taken as a stand-alone course and is also the first year of a four year training leading to a Master's degree in Systemic Psychotherapy.

Applicants are invited from members of the health and social care professions including education, psychology, psychiatry, nursing, social work etc. who are interested in further developing their work with families.

Consideration of social context is an important part of the systemic approach and the course pays particular attention to the impact of ethnicity, culture, spiritual belief, class, gender and disability in the development of belief systems and identities. It asks participants to reflect on the links between their personal and professional beliefs.

## **PROGRAMME**

- Family Systems • Reframing • Lifecycles & Culture Patterns • Ethnicity and Identity •
- Genograms • Recent Developments • Structural Approaches • Engaging •
- Solution Focused Approaches • Milan Approaches • Narrative Approaches •
- Dialogical Approaches • Post Modern Approaches • Research • Interviewing for Change
- Evaluations and Endings •



**AFT**

**For further details or an application form please visit our website:**

<http://www.swlstg.nhs.uk/education-and-training/familytherapy>

or contact Annie Turner (Courses Director), Stefania Zanelli-Cook, Doreen Obinim  
or Marcia Mills (Course Administrators) on **020 3513 6195** or email:  
**familytherapycoursesinfo@swlstg.nhs.uk**

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