

Student Reading and Internet Resources List

- **General Mental Health**
 - ❖ Rose N. (Ed) (1994) Essential psychiatry. (2nd Edition) Oxford: Blackwell Scientific Publications
ISBN-10: 0632037377 **ISBN-13:** 978-0632037377
 - ❖ Stevens, L. Rodin, I. (2001) Psychiatry – An illustrated Colour Text. Churchill Livingstone
 - ❖ MIND website available at <http://www.mind.org.uk/Information/>
 - ❖ SANE website available at <http://www.sane.org.uk/>
 - ❖ Mental Health Foundation website available at <http://www.mentalhealth.org.uk/information/>
 - ❖ The Royal College of Psychiatrists website available at <http://www.rcpsych.ac.uk/>
- **Schizophrenia**
 - ❖ RETHINK website available at <http://www.rethink.org/>
- **Depression**
 - ❖ Wolpert, L. (2001) Malignant Sadness : The Anatomy of Depression. Faber and Faber **ISBN-10:** 0684870584 **ISBN-13:** 978-0684870588
 - ❖ Styron, W. (2001) Darkness Visible. Vintage. **ISBN-10:** 0679736395
ISBN-13: 978-0679736394
- **Older People**
 - ❖ McIntyre, A. Atwal, A. (eds) (2005) Occupational Therapy and Older People Oxford: Blackwell
ISBN-10: 1405114096 **ISBN-13:** 978-1405114097
 - ❖ Perrin, T. May, H. (2000) Wellbeing in dementia. Edinburgh: Churchill Livingstone.
- **Eating Disorders**
 - ❖ Eating disorders: Core interventions in the treatment and management of anorexia nervosa, bulimia nervosa and related eating disorders. Available at
<http://www.nice.org.uk/page.aspx?o=cg009>
 - ❖ Martin JE (1998) Eating disorders, food and occupational therapy. London: Whurr. **ISBN-10:** 1861561059 **ISBN-13:** 978-1861561053
 - ❖ Hindmarch D (Ed) (2000) Eating disorders: A multi-professional approach. London: Whurr.
ISBN-10: 1861561687 **ISBN-13:** 978-1861561688
 - ❖ Gogarty O, Brangan J (2004) The lived body experience of women with eating disorders: A phenomenological study of the perceived impact of body image disturbance on occupational performance. Irish journal of Occupational therapy 33 (2) 11-9
 - ❖ Henderson, S. (1999). Frames of reference utilized in the rehabilitation of individuals with eating disorders. Canadian Journal of Occupational Therapy. 66(1): 43-51.
 - ❖ Orchard, R. (2003). With you, Not Against you: Applying Motivational Interviewing to Occupational Therapy for Anorexia Nervosa. British Journal of Occupational Therapy 66 (7) 325-27.
- **Personality Disorders**
 - ❖ Friedel R.O.(2004)- Borderline Personality Disorder Demystified, Marlowe & Co. **ISBN-10:** 1569244561 **ISBN-13:** 978-1569244562
 - ❖ National Institute for Mental Health (2003) Personality Disorder: No Longer a Diagnosis of Exclusion. London: Department of Health Available at:
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4009546
 - ❖ Couldrick L., & Alred D. (2003) - Forensic Occupational Therapy. Chapter 20 - Personality Disorder - A Role for Occupational Therapy. Whurr Publishers Ltd **ISBN-10:** 1861563671
ISBN-13: 978-1861563675
 - ❖ <http://www.personalitydisorder.org.uk/>
 - ❖ www.borderlineuk.co.uk

- ❖ www.selfinjury.org.uk
- ❖ www.self-harm.co.uk

○ **Behavioural Cognitive Psychotherapy Unit**

- ❖ Veale, D. Willson, R. (2005) Overcoming OCD. Constable and Robinson
- ❖ Hyman, C. Pedrick, B. (2005) The OCD Workbook. New Harbinger Publications, U.S. **ISBN-10:** 1572244224 **ISBN-13:** 978-1572244221
- ❖ Marks, I. (2005) Living with Fear. McGraw-Hill Education **ISBN-10:** 0077109821 **ISBN-13:** 978-0077109820

○ **Deaf Services:**

- ❖ RNID fact sheets/leaflets available at http://www.rnid.org.uk/information_resources/:
 - Lip reading
 - Communicating with deaf people who lip read
 - Working with a sign language interpreter
 - Introducing British Sign Language
 - Deaf and Hard of Hearing People
 - Guidance on Providing British Sign Language/English Interpreters Under the disability Discrimination Act 1995 – for employers, trade organisations and service providers.
- ❖ Sacks O (2000) Seeing Voices Vintage **ISBN-10:** 0375704078 **ISBN-13:** 978-0375704079
- ❖ Department of Health (2002) Sign of the Times – Modernising Mental Health Services for People who are deaf. Available from http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4009157
- ❖ Transcript of BSMHD Healthy Deaf Minds Meeting 2nd October 2002 – Consultation on a ‘Sign of the Times’ [View transcript \[opens Word document\]](#)
- ❖ National Institute for Clinical Excellence (2002) Schizophrenia Core Interventions in the Treatment and Management of Schizophrenia in Primary and Secondary Care Available from: <http://www.nice.org.uk/pdf/CG1NICEguideline.pdf>
- ❖ The Perceptual Characteristics of Voice-Hallucinations in Deaf People: Insights into the Nature of Subvocal Thought and Sensory Feedback Loops [View paper \[opens PDF\]](#)

○ **Assertive Outreach**

- ❖ Burns T and Firth M (2002) Assertive outreach in mental health. Oxford: Oxford University Press. **ISBN-10:** 0198516150 **ISBN-13:** 978-0198516156

○ **Early Interventions**

- ❖ Birchwood M., Fowler D., Jackson C, (Ed) Early intervention in Psychosis A Guide to Concepts, Evidence and Interventions (Wiley Series in Clinical Psychology) **ISBN-10:** 0471978663 **ISBN-13:** 978-0471978664

○ **CAMHS**

- ❖ Lougher L, (Ed) Occupational Therapy for Child and Adolescent Mental Health. Churchill Livingstone **ISBN-10:** 0443061343 **ISBN-13:** 978-0443061349
- ❖ Kedar Nath Dwivedi (Ed) Group Work with Children and Adolescents - a Handbook. Athena Press 1999 **ISBN-10:** 1853021571 **ISBN-13:** 978-1853021572

○ **Rehabilitation**

- ❖ Turner-Crowson, J., Wallcraft, J. (2002) The Recovery Vision for Mental Health Services and Research: A British Perspective. Psychiatric Rehabilitation Journal, 25 (3), 245-255

- ❖ Anthony, W. (1993). Recovery from mental illness: The guiding vision of the mental health service system in the 1990's. *Psychosocial Rehabilitation Journal*, 16(4), 11-24.
- ❖ Deegan, P.E. (1988). Recovery: The lived experience of rehabilitation. *Psychosocial Rehabilitation Journal*, 11(4), 11-19.
- **Groupwork**
 - ❖ Finlay, L. (1993) *Groupwork in Occupational Therapy* London: Chapman and Hall **ISBN-10:** 0748736360 **ISBN-13:** 978-0748736362
- **Occupational Therapy (General)**
 - ❖ Law, M. (1998) *Client-centred Occupational Therapy*. Thorofare: Slack
 - ❖ Sumison, T (Ed) (1999) *Client-centred Practice in Occupational Therapy: a guide to implementation*. London: Churchill Livingstone **ISBN-10:** 0443061270 **ISBN-13:** 978-0443061271
- **Occupational Therapy (Mental Health)**
 - ❖ Creek, J. (Ed) (2002) *Occupational Therapy and Mental Health (3rd Ed)*. Edinburgh: Churchill Livingstone **ISBN-10:** 0443064474 **ISBN-13:** 978-044306447
 - ❖ Finlay, L. (2004) *The practice of psychosocial Occupational Therapy (3rd ed)* Cheltenham: Nelson Thornes **ISBN-10:** 074877257X **ISBN-13:** 978-0748772575
- **Models of Practice**
 - ❖ Kielhofner, G. (2004) *Conceptual foundations of Occupational Therapy. (3rd Edition)* Philadelphia: F. A. Davis **ISBN-10:** 0803611374 **ISBN-13:** 978-0803611375
 - ❖ Kielhofner, G. (2002) *A Model of Human Occupation Theory and Application (3rd edn)*– Baltimore: Williams and Wilkins **ISBN-10:** 0781769965 **ISBN-13:** 978-0781769969
 - ❖ Duncan, E. (2006) *Foundations for practice in Occupational Therapy (6th Edn)* Edinburgh: Elsevier Churchill Livingstone **ISBN-10:** 0443100217 **ISBN-13:** 978-0443100215
 - ❖ Reed, KL. Sanderson S (1999) *Conceptions of Occupational Therapy* Philadelphia: Lippincott
- **Clinical Reasoning**
 - ❖ Mattingly C and Hayes Fleming M (1994) *Clinical reasoning: forms of inquiry in therapeutic practice*. Philadelphia: F.A. Davis. **ISBN-10:** 0803659377 **ISBN-13:** 978-0803659377
- **Assessment/Outcome measurement**
 - ❖ Hemphill-Pearson, B (Ed) (1999) *Assessments in Occupational Therapy Mental Health – An Integrative Approach*. Thorofare, N.J.: Slack
 - ❖ Law, M. Baum, C. Dunn, W. (2005) *Measuring Occupational Performance: Supporting Best Practice in Occupational Therapy (2nd Edn)* New Jersey: Slack Inc. Philadelphia: Lippincott Williams and Wilkins **ISBN-10:** 1556426836 **ISBN-13:** 978-1556426834