

Prudence Skynner Family & Couple Therapy Clinic



Systemic and Family Psychotherapy Training Intermediate Level: Contextualising Change

If you have completed the Foundation Level of a Systemic Family Psychotherapy Course and would like to continue your training at the Prudence Skynner Family and Couple Therapy Clinic, applications are now being accepted for the Intermediate Level Course (Year Two).

This course is accredited by the Association for Family Therapy and enables professionals from a variety of statutory and voluntary organisations to further develop therapeutic skills with families, couples and individuals. We focus on developing the theoretical and practical understanding of using systemic approaches across the life span, with a broad range of client groups and communities within multiple organisational contexts.

The course invites and promotes participants' critical reflection around their beliefs and aspects of social difference, e.g. Gender, race, spirituality, class, sexuality, physical ability, and so on, and the richness these bring to our practice.

Requirements

Participants are expected to be able to complete at least 60 hours of systemic practice in their own work context over the duration of the course and bring material to the group for case consultation. Most of this work needs to be as a lead clinician working with families and couples.

There are various forms of assessment:

1st Assignment 2,500 words: theory to practice application (submitted in January approx.)
2nd Assignment 3,000 words plus 500 words transcript: case study (submitted in May Approx.)

Oral Presentation (June/July)

Portfolio of learning – Module Learning Logs & Clinical log of 60 hours of systemic practice

Teaching

All trainers are UKCP registered Systemic and Family Psychotherapists with a wealth of theoretical and practice-based knowledge and experience. We use a variety of didactic and experiential methods, e.g. multimedia presentations, small group activities, reflective practice and case consultation/supervision groups.

Course structure and length

The course will run from end of Sept 2022 – July 2023 and is spread over 13 days, on a Thursday between 9.30am - 4.30pm. We currently anticipate being able to run the course face to face, subject to the relevant Government and Trust Covid-19 guidance.

Attendance & study hours

There is an 80% minimum attendance requirement and students will have to attend at least 10 hours of systemic case consultation/supervision as part of the course. Students will need to gain at least 60 hours of systemic practice (in line with AFT guidelines) within their work context and it is advisable that students access systemic supervision for this. Students have to complete 180 hours of individual study outside of the course which includes the course's essential and recommended reading list (e.g. 3-4 articles per session).

Applications

Places are limited and will be offered after successful interview and two references. The closing date for applications is Friday 15th July 2022.

Fee

The course fee is £2,800.00. We have kept our fees competitively low recognising the ongoing impact of the pandemic and the nationwide increase in cost of living.

For further details or an application form please visit our website:

<http://www.swlstg.nhs.uk/education-and-training/familytherapy>

or contact Heleni Andreadi (Courses Director) Stefania Zanelli-Cook or Ashlee Bowen (Course Administrators) on 020 3513 6195

or email: fcourses@swlstg.nhs.uk

Trust employees please check InSite, Family Therapy Training