

Maternal Mental Health Awareness Week 2021



Maternal Mental Health Awareness Week is a week-long campaign dedicated to talking about mental health issues during and after pregnancy.

Tuesday 4 May #pmhpreachingoutforsupport	Wednesday 5 May #pmhpglobalppp	Thursday 6 May #pmhplookingafteryouandyours	Friday 7 May #pmhpyourjourneystorecovery
<p>10.30: Roisin Maguire - Clinical perinatal nurse specialist & Jill Gill, Perinatal Team manager, Perinatal Assessment- why we ask the questions we do, formulation & sharing /consent aspects. Click here to join the meeting</p>	<p>10.30: Natalie Sorillo - Specialist Perinatal Social worker - Safeguarding and the perinatal period & Domestic Abuse. Click here to join the meeting</p>	<p>10.30: Danny O'Shea - Specialist Parent infant psychotherapist, What is parent-infant psychotherapy? Click here to join the meeting</p>	<p>9.30: Karina Sarmiento - Specialist Parent infant psychotherapist, Infant Brain development Click here to join the meeting</p>
<p>2pm: Usue - A lived experience story- personal experience of having a perinatal mental health illness. Click here to join the meeting</p>	<p>2pm: Amanda Billingham & Sharon Smith - Specialist OT, Sensory processing- What is it? Click here to join the meeting</p>	<p>2pm: Jill- EUPD & the perinatal period Click here to join the meeting</p>	<p>11:30: Alexandros Tsefos - Assistant Psychologist, Anna Freud Centre- Mind the Dads project Click here to join the meeting</p>
<p>3pm: Aki Bola-Emerson - Perinatal clinical lead- The global picture, stats, long term outcomes, Why Maternal health matters? Click here to join the meeting</p>		<p>3pm: Kelly Arnold - Clinical perinatal nurse specialist & Janet Lafayette, Specialist perinatal nursery nurse - Infant brain development? Click here to join the meeting</p>	<p>2pm: Amit Jagdev - Specialist Perinatal Psychologist & Sharaine Simpson Specialist perinatal nursery nurse- What is the Circle of Security intervention? Click here to join the meeting</p>
			<p>3pm Perinatal check in meeting- meet the team. Click here to join the meeting</p>

*All Sessions are taking place on **Microsoft Teams**

