

Speech and Language Therapy - Adult Learning Disability Team



Communicating when Wearing a Face Mask

Wearing a face masks makes it hard to:

- Know who people are
- To understand what people are saying
- To hear speech clearly
- To understand what people are feeling

Things we can do to help:



Take a photo of yourself and pin it to your apron or uniform



Tell the person your name and what you are going to do.
My name is Paul and I'm going to take your temperature.

Use body language, gestures and eye contact to get your message across.

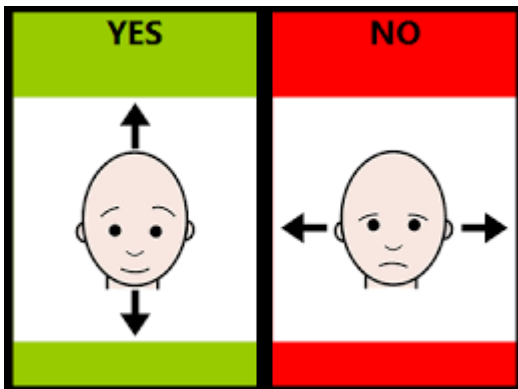
Speak loudly and clearly to help the person understand you.



Use simple language



Use simple signs and gestures.



Nod and shake your head to show what you mean

Give people time to respond.



Use a 'Total communication' approach -words, gestures, signing, pointing, objects and photos all help to support understanding.